

CELL THERAPY FOR MEDICATION-RELATED OSTEONECROSIS OF THE JAW: UPDATE ON TREATMENT STRATEGIES

N. Kaibuchi^{1,2}, T. Iwata^{1,3,*}, T. Okamoto¹, Y. Kawase-Koga¹ and M. Yamato²

¹Department of Oral and Maxillofacial Surgery, Tokyo Women's Medical University School of Medicine, 8-1 Kawada-cho, Shinjuku-ku, Tokyo 162-8666, Japan

²Institute of Advanced Biomedical Engineering and Science, Tokyo Women's Medical University (TWIns), 8-1 Kawada-cho, Shinjuku-ku, Tokyo 162-8666, Japan

³Department of Periodontology, Graduate School of Medical and Dental Sciences, Tokyo Medical and Dental University (TMDU), 1-5-45 Yushima, Bunkyo-ku, Tokyo 113-8510, Japan

Abstract

Despite extensive research since the first report of medication-related osteonecrosis of the jaw (MRONJ) in 2003, the optimal treatment and preventive modalities for the condition are not clear. Therefore, its management has been a concern in dentistry, oral and maxillofacial surgery, as well as departments involved in the treatment of cancers and/or bone diseases worldwide. Several cases of MRONJ could not be cured by conventional treatment strategies, as per the recommendations in various position papers. Therefore, a number of studies, including randomized controlled trials, have been conducted to examine the efficacy of novel therapies. However, no definite treatment modality has been determined. Several types of cell therapies have been documented. 10 animal studies and 5 case reports have been documented, in which autologous transplantation of cells has been carried out in MRONJ patients. Although these reports showed the efficacy of cell therapy, they were not large-scale, statistically accurate clinical studies; hence, the efficacy of cell therapy for this condition is not certain. However, the efficacy of MRONJ treatment using mesenchymal stromal cell (MSC) sheets has been investigated since 2013. This has been confirmed through various experiments in which MSC sheets were transplanted into model rats and beagle dogs exhibiting MRONJ-like lesions. Based on these results, a clinical study of MRONJ treatment using periodontal ligament-derived MSC sheets is being currently planned.

Keywords: Bisphosphonate, anti-resorptive agents, anti-receptor activator of NF κ B ligand antibody, denosumab, anti-cancer agents, osteonecrosis of the jaw, cell therapy, cytototherapy, regenerative therapy, cell sheet.

***Address for correspondence:** Takanori Iwata, D.D.S., Ph.D., Professor and Chair, Department of Periodontology, Graduate School of Medical and Dental Sciences, Tokyo Medical and Dental University (TMDU), 1-5-45 Yushima, Bunkyo-ku, Tokyo 113-8510, Japan.

Telephone number: +81 358035488 Fax number: +81 358030196 Email: iwata.peri@tmd.ac.jp

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Overview of medication-related osteonecrosis of the jaw

The first case of medication-related osteonecrosis of the jaw (MRONJ) was associated with bisphosphonate and reported by Marx in 2003 (Marx, 2003). Since then, cases have been increasing worldwide. MRONJ has been defined by the American Association of Oral and Maxillofacial Surgeons as

1. current or previous treatment with anti-resorptive agents such as nitrogen-containing bisphosphonates (NBPs), anti-receptor activator

of NF κ B ligand (RANKL) antibodies (denosumab; Dmab), or anti-angiogenic agents.

2. bone exposure or bone that can be probed through a fistula in the oral and maxillofacial region presenting for more than 8 weeks.
3. no history of radiation therapy or certain metastatic disease to the jaws. It is divided into three stages according to the symptoms (Table 1). NBPs inhibit the activity of osteoclasts and are used to prevent and treat diseases such as osteoporosis, bone metastases of cancer, and multiple myeloma. The incidence of MRONJ in patients receiving

intravenous NBPs is approximately 1 % (Coleman *et al.*, 2011) and that in patients receiving oral NBPs is approximately 0.1 %, which increases to 0.21 % after more than 4 years of oral NBP administration (Lo *et al.*, 2010). Dmab acts in a similar way to NBPs by inhibiting RANKL (Pageau *et al.*, 2009). Though it was speculated that Dmab cannot cause MRONJ, it actually causes MRONJ at the same rate as NBPs (Ruggiero *et al.*, 2014). The etiology of MRONJ is still not clear, despite extensive research. So far, over-suppression of bone metabolism, inhibition of angiogenesis, effects on immune function, mucosal irritation, oral bacterial infection, and surgical invasion of the jawbone have been implicated in the etiology of MRONJ (Khan *et al.*, 2014; Ruggiero *et al.*, 2014). Moreover, some rare cases of MRONJ have been caused by the use of anti-angiogenic agents such as multi-targeted receptor tyrosine kinase inhibitors

(sunitinib) and vascular endothelial growth factor A inhibitors (bevacizumab) (Fleissig *et al.*, 2012; Maluf *et al.*, 2019).

Conventional and novel treatment strategies for MRONJ

The treatment of MRONJ is categorized according to stage, as per the recommendations of a position paper (Table 1) (Ruggiero *et al.*, 2014). Conservative treatment is recommended for mild cases, such as Stages 1 and 2, and surgical treatment is recommended for more severe cases, such as Stage 3. However, several cases cannot be treated using conventional treatment strategies.

A systematic review reported that total healing rates for conservative treatments were 33 % in Stage

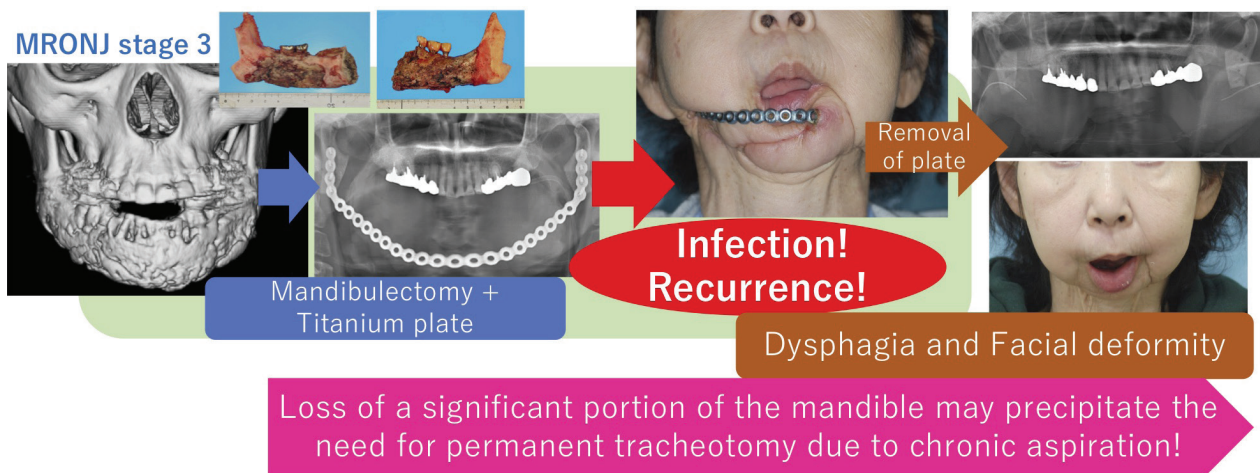


Fig. 1. Illustration of MRONJ in a 64-year-old female patient. She was administered zoledronate and denosumab for breast cancer. MRONJ developed around the mandibular dental implants and worsened to Stage 3; subtotal mandibulectomy was performed. As reconstructive surgery was difficult, Ti-plate reconstruction of the mandible was performed. However, the Ti-plate became infected and had to be removed. In such cases, permanent tracheotomy may be necessary.

Table 1. Treatment strategies for MRONJ according to stage. MRONJ: medication-related osteonecrosis of the jaw (Ruggiero *et al.*, 2014).

MRONJ staging		Treatment strategies
Stage 1	Exposed and necrotic bone, or fistulae that probes to bone, in patients who are asymptomatic and have no evidence of infection.	<ul style="list-style-type: none"> • Antibacterial mouth rinse. • Clinical follow-up on a quarterly basis. • Patient education and review of indications for continued bisphosphonate therapy.
Stage 2	Exposed and necrotic bone, or fistulae that probes to bone, associated with infection as evidenced by pain and erythema in the region of the exposed bone with or without purulent drainage.	<ul style="list-style-type: none"> • Symptomatic treatment with oral antibiotics. • Oral antibacterial mouth rinse. • Pain control. • Debridement to relieve soft tissue irritation and infection control.
Stage 3	Exposed and necrotic bone or a fistula that probes to bone in patients with pain, infection, and one or more of the following: exposed and necrotic bone extending beyond the region of alveolar bone, resulting in pathological fracture, extra-oral fistula, oral antral/oral nasal communication, or osteolysis extending to the inferior border of the mandible of sinus floor.	<ul style="list-style-type: none"> • Antibacterial mouth rinse. • Antibiotic therapy and pain control. • Surgical debridement/resection for longer term palliation of infection and pain.

1 and 24 % in Stage 2 (Rupel *et al.*, 2014). Hence, several studies reported that surgical treatment is significantly superior to conservative treatment (Fliefel *et al.*, 2015; Khan *et al.*, 2014; Rupel *et al.*, 2014). In particular, Hayashida *et al.* (2020) proposed that surgical treatment should be considered as the first line of treatment for MRONJ, regardless of the stage. However, the cure rate of surgical treatment for MRONJ ranges from 60 % to 80 % even in reports of high cure rate, and cases of postoperative recurrence are not uncommon. A multicenter retrospective study reported that half of the surgically treated cases of MRONJ, caused by high-dose NBP or Dmab for cancer, did not show a complete cure (Hayashida *et al.*, 2017). In addition, such surgeries involve the removal of a large portion of the jawbone. This significantly affects swallowing, speech, facial morphology, and esthetics of the patient, further impairing the patient's quality of life. Furthermore, considerable difficulties are encountered in reconstructive surgery due to the effects of NBPs or Dmab on all bones of the body (Fig. 1). In fact, a case was reported describing the development of MRONJ in the mandible, reconstructed using fibular tissue (Gryseleyn *et al.*, 2016). Recently, Hokugo *et al.* (2019) reported that non-NBPs (etidronate) can selectively inhibit the effects of NBPs on the bones. The working hypothesis was that this would counteract the difficulties in reconstructive surgery caused by NBPs. Previous studies have investigated novel approaches for MRONJ treatment, including hyperbaric oxygen therapy (Freiberger *et al.*, 2012), platelet-rich plasma

(Adornato *et al.*, 2007; Curi *et al.*, 2011), low-intensity laser irradiation (Favia *et al.*, 2018; Scoletta *et al.*, 2010), parathyroid hormones (Cheung and Seeman, 2010; Sim *et al.*, 2020), bone morphogenetic proteins (Park *et al.*, 2017), plasma rich in growth factors (Mozzati *et al.*, 2012), pentoxifylline and tocopherol (Heifetz-Li *et al.*, 2019), and cell therapy (Tables 2 and 3). Of these, no treatment modality is widely accepted (De Souza Tolentino *et al.*, 2019). Sim *et al.* (2020) demonstrated the promising therapeutic effects of teriparatide, which is a parathyroid hormone, against MRONJ in a randomized controlled clinical trial. However, the use of teriparatide in MRONJ patients is challenging, because its administration is difficult in cancer patients, and the duration of administration is limited to 24 months. In addition, the need for discontinuation of NBPs or Dmab during the treatment of MRONJ is controversial. Hinson *et al.* (2015) and Magopoulos *et al.* (2007) reported that treatment outcomes with the discontinuation of NBPs or Dmab are better than those without. However, a risk for exacerbation of the target disease by such drug holidays is inevitable.

Cell therapy for MRONJ

To date, 10 studies with animal models and 5 studies with humans in clinical practice have been reported on cell therapy for MRONJ, including studies using cell sheets (Table 3). 4 studies using bone marrow-derived mesenchymal stem (stromal) cells (MSCs),

Table 2. Novel treatment modalities for MRONJ. HBO: hyperbaric oxygen therapy; RCT: randomized controlled trial; BMP: bone morphogenetic protein; L-PRF: leukocyte-rich and platelet-rich fibrin.

Novel treatments	Reference	Study design	Patient #	Outcomes
Hyperbaric oxygen therapy	Freiberger JJ <i>et al.</i> , 2012	RCT	25	68 % of HBO-treated patients and 38.1% of controls improved ($p = 0.43$).
Plate-rich plasma	Adornato MC, 2007	Case series	12	10 patients (83.3 %) presented complete healing and 2 (16.7 %) presented clinical improvement.
	Curi MM <i>et al.</i> , 2011	Case series	25	12 patients recovered with complete mucosal healing and no signs of exposed necrotic bone.
Low intensity laser irradiation	Favia G <i>et al.</i> , 2018	Retrospective	24	The 24 monthly low-level laser therapy treated lesions never completely healed and rather, generally remained stable.
	Scoletta M <i>et al.</i> , 2010	Prospective, cohort	20	8 patients (40 %) remained stable whereas 12 patients (60 %) improved pain ($p = 0.0001$).
BMP-2 and L-PRF	Park JH <i>et al.</i> , 2017	RCT	30	Patients with MRONJ who were treated with both L-PRF and BMP-2 showed favorable outcomes with complete resolution of the lesions, which was statistically significant compared with that of the therapy using L-PRF alone ($p = 0.028$).
Plasma rich in growth factors	Mozzati M, 2012	Case series	32	All 32 MRONJ patients were treated successfully.
Pentoxifylline and tocopherol	Heifetz-Li JJ <i>et al.</i> , 2019	Systematic review	14	The combination of pentoxifylline and tocopherol is associated with subjective and objective improvements and no major adverse outcomes.
Cell therapy	refer to Table 3			

3 studies using adipose-derived stem (stromal) cells (ASCs), 1 using cells from stromal vascular fraction (SVF), 1 using cells from peripheral blood, and 1 using media from MSCs, have been reported in animal models. As SVF cells contain ASCs, 9 of the 10 studies examined the therapeutic effects of MSCs in MRONJ. 1 study analyzed xenografts with human-derived cells into rabbits (Zang *et al.*, 2019). Supernatants of human bone marrow-derived MSCs, instead of cell transplantation, have been used in an animal study (Ogata *et al.*, 2015). With regard to scaffolds for cell transplantation, hydroxyapatite or beta-tricalcium phosphate have been used in 2 animal studies (Rodríguez-Lozano *et al.*, 2020; Zang *et al.*, 2019). No transplanted cell was induced to differentiate artificially prior to transplantation. All animal

studies showed that cell therapies are effective in the treatment or prevention of MRONJ-like conditions. Few reports of cell therapy for MRONJ in clinical practice have been documented with only 5 papers on 12 patients (Table 3). All papers were case reports, and none included statistical analysis. In addition, the cells used in 4 papers were not cultured, and local autologous transplantation was performed in the patients. In 1 study, autologous transplantation of MSCs cultured in osteogenic differentiation medium was performed in 2 patients. The cells used in clinical practice were bone marrow-derived cells or adipose-derived cells containing MSCs. Thus, similar to most animal studies, all MRONJ cases were treated by cell therapy in anticipation of the effects of MSCs. Some materials or growth factors were used in conjunction

Table 3. Cell therapy for MRONJ. MSC: mesenchymal stem (stromal) cells; ASC: adipose-derived stem (stromal) cells; SVF: stromal vascular fraction; β -TCP: beta tricalcium phosphate; HA: hydroxyapatite; PGA: polyglycolic acid; PRP: platelet-rich plasma; PRF: plasma rich in growth factors; DBBM: deproteinized bovine bone mineral; DBM: demineralized bone matrix.

Animal studies

Reference	Country	Source of cells	Graft type	Culture	Induction	Route	Other materials	Animals
Rodríguez-Lozano FJ <i>et al.</i> , 2020	Spain	Bone marrow-derived MSC	Allograft	Yes	No	Local	β -TCP	Rat
Kuroshima S <i>et al.</i> , 2019	Japan	Peripheral blood mononuclear cells	Autograft	Yes	No	Intravenous	None	Mouse
Zang X <i>et al.</i> , 2019	China	Human ASC	Xenograft	Yes	No	Local	Coral HA	Rabbit
Kaibuchi N <i>et al.</i> , 2019	Japan	ASC	Allograft	Yes	No	Local	PGA sheet	Beagle
Kuroshima S <i>et al.</i> , 2018	Japan	SVF cells	Allograft	No	No	Intravenous	None	Mouse
Kaibuchi N <i>et al.</i> , 2016	Japan	Bone marrow-derived MSC	Allograft	Yes	No	Local	None	Rat
Ogata K <i>et al.</i> , 2015	Japan	Media from human MSC				Intravenous	None	Rat
Barba-Recreo P <i>et al.</i> , 2015	Spain	ASC	Allograft	Yes	No	Local	PRP	Rat

Clinical practice

Reference	Country	Source of cells	Graft type	Culture	Induction	Route	Other materials	Study design	patient #
Bouland C <i>et al.</i> , 2020	Belgium	SVF	Autograft	No	No	Local	L-PRF	Case report	2
De Santis GC <i>et al.</i> , 2020	Brazil	Bone marrow derived MSC	Autograft	Yes	Yes	Local	DBBM	Case report	2
Voss PJ <i>et al.</i> , 2017	Germany	Bone marrow stem cells	Autograft	No	No	Local	Collagen membrane	Case report	6
González-García M <i>et al.</i> , 2013	Spain	Bone marrow stem cells	Autograft	No	No	Local	PRP, β -TCP and DBM	Case report	1
Cella L <i>et al.</i> , 2011	Italy	Bone marrow stem cell	Autograft	No	No	Local	Gelatin Spong	Case report	1

with cell transplantation. In all cases, significant improvement in MRONJ was reported.

Cell sheet engineering for MRONJ

Cell sheet engineering is a technique that allows the collection of cells in sheet form by culture using temperature-responsive culture dishes. It enables the transplantation of cells that maintain the extracellular matrix. Treatments based on this technique have already proven effective in corneal dysfunction (Nishida *et al.*, 2004), myocardial infarction (Miyahara *et al.*, 2006), and esophageal ulcerations (Ohki *et al.*, 2012). In dentistry, Iwata *et al.* (2018) conducted a clinical study in which periodontal ligament-derived MSC sheets were transplanted into 10 patients for periodontal reconstruction and observed significant improvements in radiographic bone height and various clinical findings. Since 2013, analysis of the use of cell sheet engineering as the optimal method of cell transplantation in the treatment of MRONJ has been carried out (Kaibuchi *et al.*, 2016; Kaibuchi *et al.*, 2019). In 1 study, after the administration of zoledronate and dexamethasone in Sprague-Dawley (SD) rats, the maxillary first molars were extracted to establish a rat model with MRONJ-like lesions. Multipotent MSC sheets derived from the bone marrow of enhanced green fluorescent protein (EGFP)-positive SD rats were allogeneically transplanted in rat models with MRONJ-like lesions to examine their efficacy in the treatment of MRONJ and cellular behavior at the transplanted site. After surgical debridement, 1 MSC sheet was transplanted into an exposed bone (MSC sheet group) or no cell transplantation (control group) was carried out in the

rat model. The wounds in both groups were closed. The MSC sheet group in most cases (87.5 %) showed adequate wound healing compared with the control group (20 %) ($p < 0.05$) (Fig. 2). The number of newly formed blood vessels was significantly greater at the transplanted site in the MSC sheet group than that in the control group, and osteoclasts reduced due to zoledronate administration increased in the MSC sheet group. Furthermore, some of the transplanted MSCs were positive for CD146, a marker for pericytes. These results suggested that the therapeutic effects of MSC sheets in MRONJ could be due to a combination of paracrine effects such as secretion of vascular endothelial growth factor and hepatocyte growth factor from MSCs, promotion of angiogenesis by differentiation of MSCs into pericytes, and promotion of osteoclast differentiation by RANKL secretion and osteoblast differentiation by MSCs themselves (Fig. 3) (Kaibuchi *et al.*, 2016). In another study, after the invasion of the mandible of beagle dogs treated with zoledronate and dexamethasone, MSC sheets were transplanted in these dog models with MRONJ-like lesions, and the groups with and without transplantation were compared. The control group showed MRONJ-like inflammatory findings and the presence of sequestrum and bacterial colonies, whereas the transplant group showed complete healing (Fig. 4) (Kaibuchi *et al.*, 2019). Further research into the clinical applications of cell therapy is being conducted. The tissue used as a source of MSCs for clinical research is important. Periodontal ligament-derived MSCs seem appropriate for cell therapy, and the roles of these cells have already been explored in dentistry. Conducting a clinical study of MRONJ treatment using periodontal ligament-derived MSC sheets is planned.

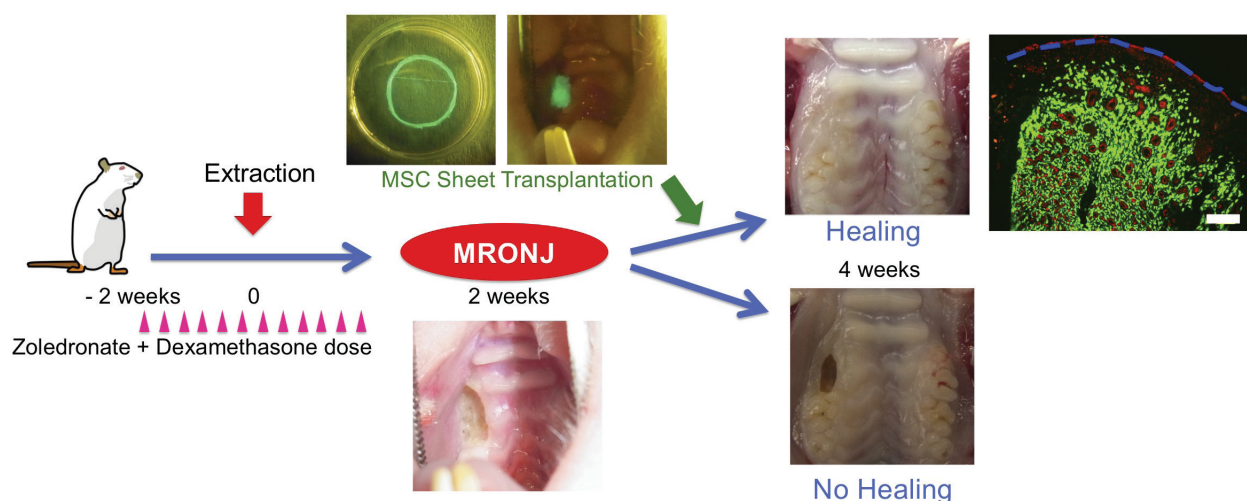


Fig. 2. Multipotent MSC sheets derived from the bone marrow of EGFP-positive SD rats, allogeneically transplanted in rat models with MRONJ-like lesions. MSC sheets were implanted in model rats with simulated medication-related osteonecrosis of the jaw MRONJ-like condition, and their efficacy in the treatment of MRONJ was examined. Normal healing was observed in the transplantation group. In addition, the transplanted EGFP-positive MSCs remained at the transplanted site stimulating the formation of new blood vessels. Scale bar = 200 μm.

Conclusion

MRONJ may not occur commonly. However, several cases are not cured by conventional treatments. Thus, the management of MRONJ is a challenge in clinical practice. Though various novel methods have been investigated, no definite treatment modality has been determined. Among these, cell therapy seems to hold a promising future.

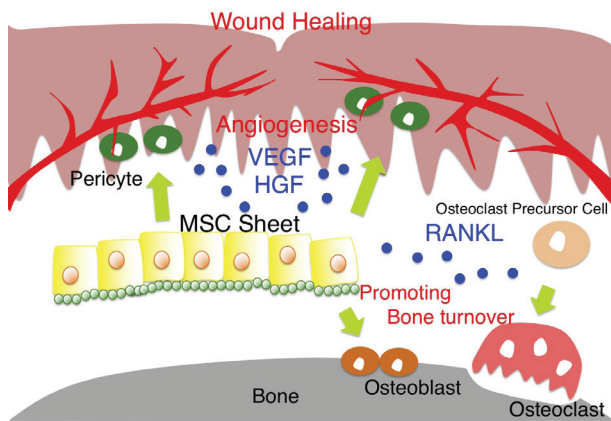


Fig. 3. Suggested effects of MSC sheets in MRONJ. The therapeutic effects of MSC sheets in medication-related osteonecrosis of the jaw could be due to a combination of paracrine effects such as secretion of vascular endothelial growth factor (VEGF) and hepatocyte growth factor (HGF), promotion of angiogenesis by differentiation of MSCs into pericytes, and promotion of osteoclast differentiation by anti-RANKL secretion and osteoblast differentiation by MSCs themselves.

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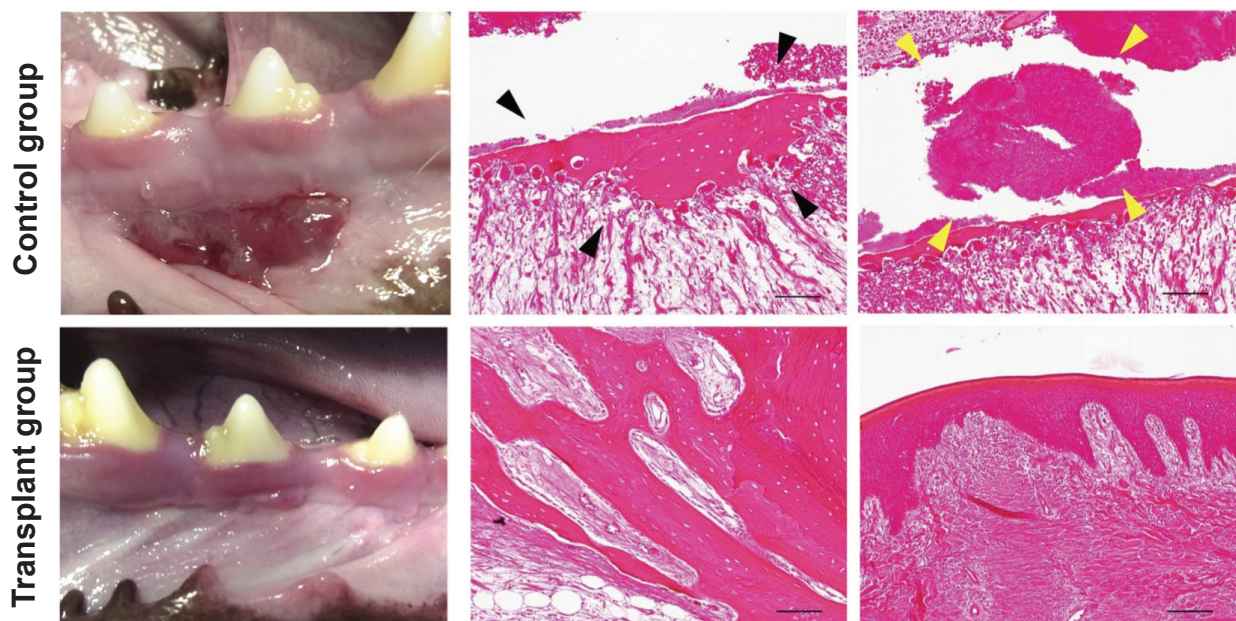


Fig. 4. MSC sheets transplantation in dog models with MRONJ-like lesions. The control group showed medication-related osteonecrosis of the jaw-like inflammatory findings and presence of sequestrum (black arrow) and bacterial colonies (yellow arrow), whereas the MSC sheet transplant group showed complete healing. Scale bar = 100 μ m.

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approaches for MRONJ? Do they think it is simply about the choice of the “right” cells, or might there be other parameters to keep into consideration?

Authors: Currently, the only solution for dealing with necrotic bone is removal. However, cell therapy can be a game-changing approach that can even regenerate necrotic bone.

Discussion with Reviewer

Piefrancesco Pagella: What do the authors think could be a game-changing approach in cell-therapy

Editor’s note: The Scientific Editor responsible for this paper was Thimios Mitsiadis.